
Daily Bulletin: Monday December 11, 2023

1 message



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New This Week!

Attention: Judges Needed for the PV Science Fair. We are excited to announce that sign-ups for the science fair are now open. We are looking for judges for the Palos Verdes Peninsula Science and Engineering Fair which will be held at Los Verdes Golf Club on Thursday, February 8, 2024. Please sign up by December 22, 2023.

Please use the link below to sign-up as soon as possible:

[Sign-Up Link!](#)



Greetings Sea King Parents,

As finals are approaching, we wanted to provide parents with some suggestions on how to best help their students navigate exam season.

Things you may notice in your child:

- Increased stress
- Irritability
- Distractedness
- Procrastination/ changes in motivation

Strategies for aiding your student in managing stress:

- Provide balanced meals and adequate nutrition
- Encourage mental breaks throughout the day
- Promote adequate sleep and rest
- Encourage movement and exercise
- Be mindful of the frequency in which you discuss academics with your student
- Show interest in student's mental well-being with regular check-ins
- Open a space for students to share their feelings, and honor what comes up for them. ALL feelings are valid
- Allow time for students to decompress and make time for other activities outside of school and studying

Remember, this experience is temporary, and this too shall pass.

Happy Holidays from the PVHS SAGE Therapists!



SUPPORT PVHS CHOREO
AND PURCHASE A
CHRISTMAS ORNAMENT

\$10

AVAILABLE IN
PVHS RED + BLACK
OR YOUR CLASS
COMP COLOR

PURCHASE BY
DECEMBER 8TH

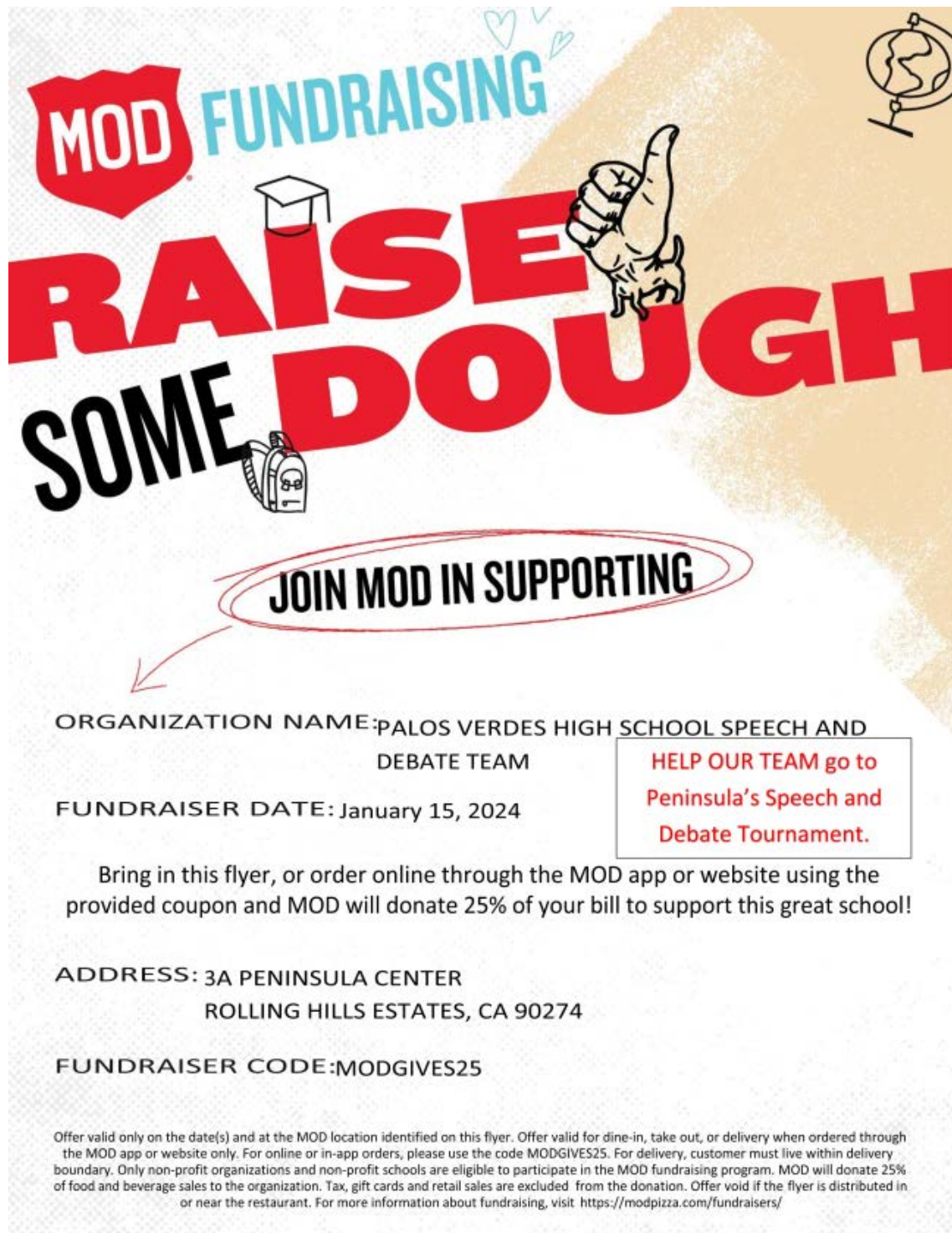
CHOOSE PICKUP
AT CHECKOUT

ORNAMENTS
WILL BE READY
FOR PICK UP BY
DECEMBER 18TH
IN THE LOWER
DANCE ROOM

**PVHS SEA KING
ORNAMENT
SALE**

CONTACT MRS. ADAMS WITH ANY QUESTIONS
GUESTLA@PVPUSD.NET

[Click HERE to Order !](#)



The flyer features a red shield logo with 'MOD' in white, followed by 'FUNDRAISING' in blue. The main headline 'RAISE SOME DOUGH' is in large red letters, with a graduation cap over 'RAISE', a thumbs-up hand over 'DOUGH', and a backpack under 'SOME'. A globe icon is in the top right. The central text 'JOIN MOD IN SUPPORTING' is circled in red with an arrow pointing to the details below.

MOD FUNDRAISING

RAISE SOME DOUGH

JOIN MOD IN SUPPORTING

ORGANIZATION NAME: PALOS VERDES HIGH SCHOOL SPEECH AND DEBATE TEAM

FUNDRAISER DATE: January 15, 2024

HELP OUR TEAM go to Peninsula's Speech and Debate Tournament.

Bring in this flyer, or order online through the MOD app or website using the provided coupon and MOD will donate 25% of your bill to support this great school!

ADDRESS: 3A PENINSULA CENTER
ROLLING HILLS ESTATES, CA 90274

FUNDRAISER CODE: MODGIVES25

Offer valid only on the date(s) and at the MOD location identified on this flyer. Offer valid for dine-in, take out, or delivery when ordered through the MOD app or website only. For online or in-app orders, please use the code MODGIVES25. For delivery, customer must live within delivery boundary. Only non-profit organizations and non-profit schools are eligible to participate in the MOD fundraising program. MOD will donate 25% of food and beverage sales to the organization. Tax, gift cards and retail sales are excluded from the donation. Offer void if the flyer is distributed in or near the restaurant. For more information about fundraising, visit <https://modpizza.com/fundraisers/>

Love My Neighbor Foundation

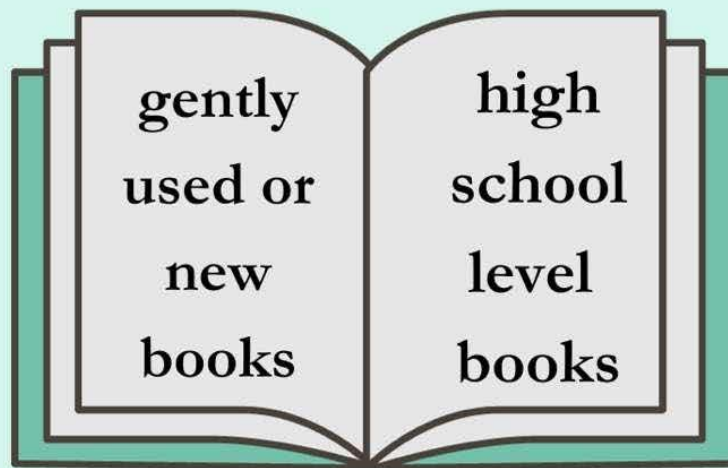
This past Thanksgiving Day, PVHS students and their families joined Ms. Jimenez in DTLA. Working with the grass roots organization, love my Neighbor, they donated goods and serve the unhoused in Skid Row. It was a great experience to meet and serve the people in the community. If you are interested in joining Ms. Jimenez to serve the unhoused in Skid Row, or would like to donate goods for the cause, and earn community

service hours over the winter break, please come to room 211 for more information and to sign up.





ASB Book Drive!



Drop off. bin in the library
Nov. 27 through Dec. 1

Books are going to
Wilson High School

Annual TOY DRIVE CSF Donation Credit

(in partnership with the Luskin Orthopaedic Institute for Children)



11/27 – 12/8

Drop off items to Room 316 or Library

*NEW toys only for children aged infant - 18

Total donation value must equal \$20 for CSF credit.

(*minimum value of individual toys should be \$5--please)

Not a member of CSF but want to spread some holiday cheer? Please feel free to join in the fun and help these deserving children by donating an item.

*See attached flyer for suggested items



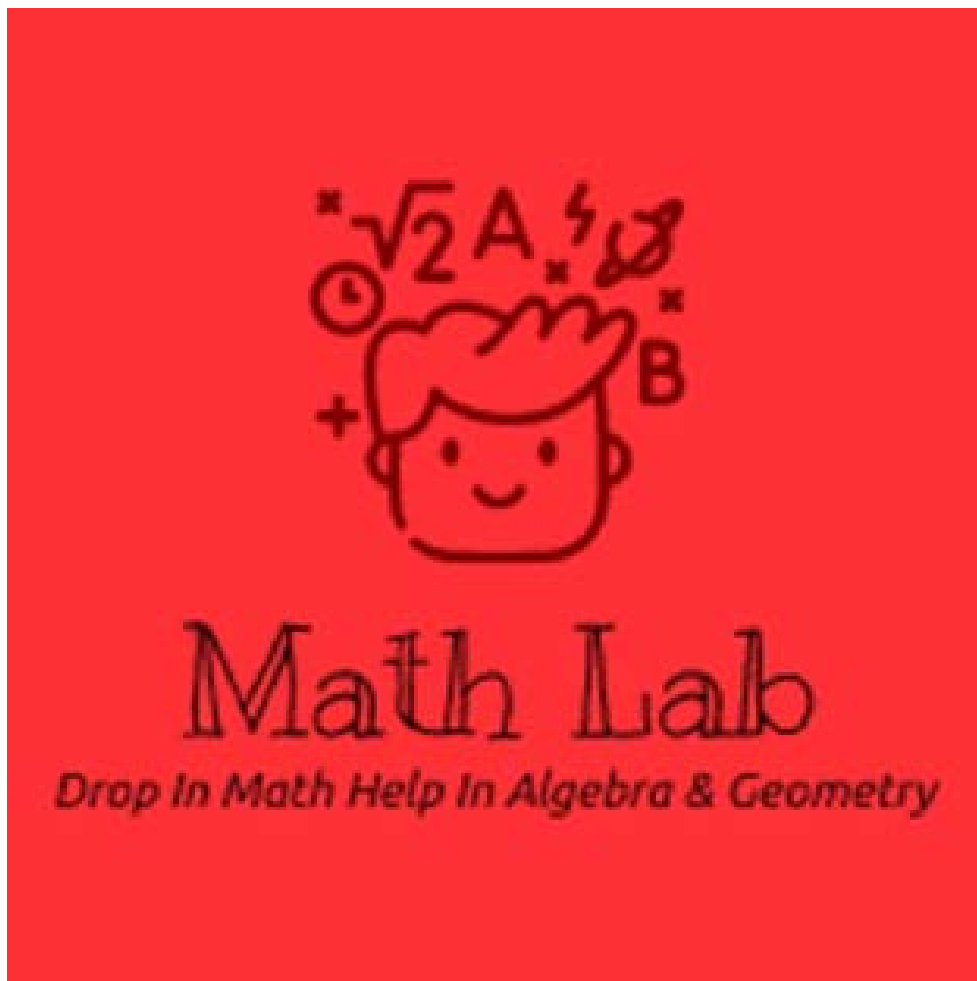
CSF is sponsoring its annual Toy Drive and is partnering again this year to benefit the Luskin Orthopaedic Institute for Children. Please bring **NEW** and **UNWRAPPED** toy items for children aged infant to 18 years to Room 316 or the Library between Monday, 11/27 and Friday, 12/8. To earn CSF donation credit, total value of toy donation(s) must equal at least

\$20. Bring your CSF Fall Service Log for signature when you donate.

Not a member of CSF but want to spread some holiday cheer? Please feel free to join in the fun and helping these deserving students by dropping a toy or two in the donation boxes.

Introducing the PVHS Math Lab

Drop in math help at lunch for students in Algebra and Geometry. Math Lab will be open Mondays and Tuesdays starting next Monday November 13. Come to room 407 for any help in Algebra and Geometry provided by Peer Tutors. Students who come to 6 sessions will be entered into our December Drawing for some great prizes! Any questions, see your counselor!



PVHS Math Lab

Mondays and Tuesdays in Room 407

Drop in Algebra and Geometry help at lunch with PVHS Peer Tutors

**Don't miss this great opportunity for some extra help in your math class....
(and some great snacks!)**

****Get 6 stamps for coming this quarter and be entered into our drawing in December****

**Quarter 2 Dates:
12/11 and 12/12
12/18 and 12/19**

Parent Group

The PVPUSD Sage therapists will be hosting a monthly virtual parent support group.

...

When: First Friday of the Month
10/06, 11/03, 12/01, 01/05, 02/03,
03/02, 04/06, 05/03
@ 12:45-1:30 PM

Where: Zoom
Email kathicolli@sagesocal.org
for Zoom information.

The logo for Sage, featuring the word "sage" in a lowercase, serif font with a textured, slightly distressed appearance.

COUNSELING

COUNSELOR ADVISORY COUNCIL

**WILL MEET
ONCE PER MONTH**

DURING LUNCH

**IN THE
WELLNESS CENTER**



THE COUNSELOR ADVISORY COUNCIL (CAC) IS AN OPPORTUNITY TO MEET WITH MS. SHULMAN AS LEADERS BETWEEN THE STUDENT BODY AND THE COUNSELING DEPARTMENT. CAC MEMBERS WILL ADDRESS COUNSELING DEPARTMENT PROGRAMING AND IDENTIFY AREAS OF STUDENT NEEDS AND SUPPORT.

***OPEN TO ALL
GRADE LEVELS***



**COMPLETE CAC APPLICATION
BY FRIDAY, 12/15/23 BY
SCANNING QR CODE**

Coming in 2024 is a chance to join the Counselor Advisory Council (CAC), a new opportunity for students in all grade levels to meet with Ms. Shulman monthly to discuss the programming of the PVHS Counseling Office. Members of the CAC will be leaders between the PVHS student body and the counseling department to address and identify areas of student needs and support.

The CAC will meet once per month during lunch in the Wellness Center. If you are interested in applying for the CAC, please complete the application

using the QR code on the enclosed flier. The deadline to apply is Friday, December 15, 2023.

Please reach out to Ms. Shulman at shulmanh@pvpusd.net with any questions you may have!



COLLEGE CAREER CENTER UPDATES & EVENTS:

.....
U.S. MILITARY MINI FAIR on Tuesday, December 12, at lunchtime, in Senior Park with:

- U.S. Air Force
- U.S. Army
- U.S. Marine Corps
- U.S. Navy

IMPORTANT INFORMATION FOR SENIORS/PARENTS OF SENIORS ONLY: The FAFSA (Free Application for Federal Student Aid) will be available by December 31, 2023. Review this important information on the [Launch of the 2024-2025 FAFSA Form](#). Watch [Preparing for the FAFSA](#) Form playlist to understand what information and documents you'll need to fill out the FAFSA form.

Even though the FAFSA is not yet available to complete, you can [Create your FSA ID now](#). The FSA ID must be obtained before starting the FAFSA. [CLICK HERE](#) to create an FSA ID. [Find out if your parent\(s\) will need to be contributors](#) (contribute their info on your FAFSA form). If your parent(s) will need to contribute to your form, make sure EACH contributor [creates their own FSA ID](#).

The College and Career Center is planning to have a FAFSA Walk Through in January. The date is TBD.

SCHOLARSHIP OPPORTUNITIES and DEADLINES:

LOS SERENOS DE POINT VICENTE JUNIOR DOCENTS PROGRAM is open to local high school students. The program is designed to complement the existing educational and support activities including museum tours, hikes support, whale wagon duty and special event participation. If you are interested in becoming a Junior Docent, learn more about the program and how to apply [HERE](#). Applications are accepted until December 31; it is best to apply early as positions fill up quickly.

Click on the name of the scholarship in order to access the application and further information on the scholarship.

DECEMBER 31 - [AYSO JEFF RICKEL MEMORIAL SCHOLARSHIP](#) (\$2,000) - awarded to a college-bound senior who has played soccer in, and given volunteer service to the American Youth Soccer Organization (AYSO), Region 10. Applicant must demonstrate an understanding of the importance of good sportsmanship.

JANUARY 4 - [GE REAGAN FOUNDATION SCHOLARSHIP](#) (up to \$40,000) – for seniors only who demonstrate at school, at the workplace, and within the community the attributes of leadership, drive, integrity, and citizenship; demonstrate strong academic performance; be citizens of the United States.

JANUARY 23 - [EDISON SCHOLARS](#) (\$50,000) - for seniors who want to make a difference in the world by studying science, technology, engineering or math (STEM) in college. Requirements for applying include having at least a GPA of 3.0 or higher on a 4.0 scale and show financial need.

FEBRUARY 5 - [ELK'S LEGACY AWARD](#) (\$4,000) – seniors only; any child/grandchild of a living Elk who joined the order on or before

April 1, 2020, is eligible to apply. Candidates who qualify are judged on knowledge, charity, community service, and integrity.

FEBRUARY 28 – LOS ANGELES MILITARY CHARITABLE FUND SCHOLARSHIP (Varies) – seniors only; must be a child of an active, retired service member or current or retired Dept. of Defense employee; awarded on academic performance, extracurricular activities, demonstrated leadership, and applicant's character.

FEBRUARY 29 – MARY P. WYATT SCHOLARSHIP (\$865) – PVHS seniors only; min 3.0 GPA; demonstrates financial need; actively helps others.

MARCH 1 – SONS OF ITALY SCHOLARSHIP (\$500 - \$5,000) – seniors only; must be wholly or partially of Italian Descent; selection based on scholastic record, activities evidencing leadership, financial need, written personal goals statement, essay of Italian Origin, and letters of recommendation.

MARCH 7 – PERRAULT FAMILY SCHOLARSHIP (\$930) - awarded to a senior, male or female, who has been a member of the PVHS Varsity Soccer Team during their senior year. Criteria includes leadership, commitment to the sport and academic achievement. Preference given to soccer players who have played defensive positions.

MARCH 20 – PV PENINSULA LIONS CLUB (\$500 - \$1,000) - seniors only; consideration will be given to academic achievement (min. GPA of 3.0), service to others, leadership, financial need and a strong desire/plan for further education/professional focus.

MARCH 22 – SUSAN PAVELKA SCHOLARSHIP FOR JOURNALISTIC EXCELLENCE (\$500) - for a college-bound senior who has participated and excelled in PVHS journalism. Candidates are eligible to apply after fulfilling a minimum of two consecutive years as a leader/writer in one or more of these journalism programs: yearbook, literary magazine, newspaper, podcast or broadcast news.

APRIL 1 – SOUTH BAY JAPANESE AMERICAN CITIZEN LEAGUE

(Varies) – Scholarships are open to all high school seniors of Japanese American ancestry residing in the South Bay JACL Chapter area and a member of the JACL. Students are required to fill out only one application for the scholarships listed below. The committee will select the recipients for each of the scholarships based upon the requirements:

Kiichi Egashira Memorial Scholarship - for students pursuing a bachelor's degree in physical and biological sciences, engineering/mathematics.

Janice Kobata Zoeger Memorial Scholarship - for students in pursuit of a bachelor's in any field of study relating to biological sciences, foreign and/or ancient language or business.

Ernest K. Tsujimoto Memorial Scholarship - for students in pursuit of an undergraduate degree majoring in the STEM fields.

Gardena Valley Japanese American Citizens League Scholarship - for students pursuing a bachelor's degree in any field of study.

David & Lily Nakatani Scholarships - for high school seniors planning to attend a college or university in pursuit of a bachelor's degree majoring in the STEM fields: Science, Technology, Engineering, or Math

PTSA WINTER SALE

Sea King Elves
are starting early
with a big

WINTER *Sale*

But hurry ... savings start 12/4 and end 12/21!

Flannels \$25

Blankets \$25

Sweatshirts \$30

Shop Holiday Savings NOW using the link below!

And remember all proceeds support your PVHS Sea King students, teachers & campus!

[Click HERE!](#)

 St. Peter's by the Sea
PRESBYTERIAN CHURCH

**CMS is not related to, sponsored by, or endorsed by
the Palos Verdes Peninsula Unified School District.**

Christmas

MUSIC SPECTACULAR

DECEMBER 17 | 6PM

- * FREE ADMISSION
- * IMMERSIVE, MULTIMEDIA CHRISTMAS EXPERIENCE
FOR THE WHOLE FAMILY
- * LIVE CHRISTMAS MUSIC - BLUES, JAZZ, TRADITIONAL,
A CAPPELLA, CHORALE, & POP
- * FAMILY PHOTOS WITH SANTA & MRS. CLAUS
- * BAKED GOODS FOR SALE
- * CRAFTS FOR CHILDREN

6410 PALOS VERDES DR. S, RANCHO PALOS VERDES

**DONATIONS REQUESTED FOR THOSE IN NEED:
BACKPACKS, BLANKETS, TARGET & RALPHS GIFT CARDS,
PERSONAL HYGIENE PRODUCTS**

CELEBRATING OUR SIMILARITIES

International Day of Persons with Disabilities

Saturday, December 9

2 PM - 4 PM

**In the Peninsula Center Library
Community Room**

650 Deep Valley Drive, Rolling Hills Estates



People First
of South Bay
& Harbor Area

We honor International Day of Persons with Disabilities. The United Nations General Assembly adopted this Universal Declaration of Human Rights day.

We are working with a wonderful group on the Peninsula:
People First Self Advocates.

Come and learn.



Peninsula Friends of the Library is not related to, sponsored by or endorsed by the PVPUSD.



**CALIFORNIA DEPARTMENT
OF EDUCATION**

TONY THURMOND
STATE SUPERINTENDENT OF
PUBLIC INSTRUCTION

1430 N STREET, SACRAMENTO, CA 95814-5901 • 916-319-0800 • WWW.CDE.CA.GOV

November 9, 2023

Dear County and District Superintendents, Charter School Administrators, High School Principals, Counselors, and Scholarship Coordinators:

2024 Asian Pacific Youth Leadership Project

I am requesting your help informing your students about an opportunity to attend a statewide conference sponsored by the Asian Pacific Youth Leadership Project (APYLP), a nonprofit organization.

The APYLP works with Asian and Pacific Islander students in California to build on their understanding of what it means to be Asian and Pacific Islander American youth in today's culturally and ethnically diverse society. The APYLP High School Conference offers group workshops on leadership development, cultural identity and awareness, the legislative process, and public speaking skills as well as an opportunity to participate in mock legislative sessions and to hear from elected officials and prominent speakers from the Asian and Pacific Islander communities.

Fifty juniors and seniors will be selected from the statewide applicants to participate in this conference from March 21–24, 2024, in Sacramento. The APYLP will pay all expenses for the participants, including travel, lodging, and meal expenses, through sponsorships from private corporations, higher education institutions, professional organizations, and other individuals.

The organization is especially interested in reaching students who have leadership potential but have difficulty developing or realizing that potential due to language, economic, cultural, or other barriers. Applications must be submitted or postmarked no later than December 2, 2023.

The APYLP is celebrating its thirty-fourth anniversary in 2024 and could not have achieved its successes without the support of California educators over the years. For more information and to download an application, visit the APYLP website at <https://www.apyyp.net/>.

Thank you for your assistance in promoting this wonderful opportunity for our students.

Sincerely,

A handwritten signature in blue ink that reads "Tony Thurmond".

Tony Thurmond
State Superintendent of Public Instruction



WHY ENROLL? *at SoCal ROC*

HIGH SCHOOL STUDENTS



Explore Career Fields & Earn Certifications

- Earn Elective Credit and many courses are UC/CSU A-G approved
- Gain hands-on experience and familiarize yourself with industry environments and equipment
- Gain a competitive advantage on college and job applications by earning industry certifications



Afterschool Classes

- Classes are designed to accommodate your schedule
- Days: (M-Th) (M/W) (T/Th)
- Time: 1:15pm, 4:15pm, and 7:00pm classes



Free Tuition, Materials, & Transportation

If your school is a part of one of the six districts listed:
IUSD, ESUD, MBUSD, PVPUSD, RBUSD, or TUSD

- Transportation available for 1:15pm and 4:15pm classes
- Students who choose to use HopSkipDrive will be picked up and dropped off at their high school
- Not a part of our JPA districts? Not a problem, you can still enroll by paying out of pocket or by contacting South Bay Workforce Investment Board (SBWIB) and/or Department of Rehabilitation (DOR) for financial support

ADULT STUDENTS



Short-Term & Flexible Industry Training

- The flexibility, affordability, and hands-on application to help you land a job and start a career
- Days: (M-Th) (M/W) (T/Th)
- Time: offer morning, afternoon, and night classes



Graduate Workforce Ready

- State or National Certifications Available
- Opportunities to gain on-the-job experience with local businesses and medical and dental offices



Potential Financial Support

- For financial support contact our partners: South Bay Workforce Investment Board or Department of Rehabilitation
- Find out more about SoCal ROC's "SoCal Workforce Reimbursement Program" (Adult Only) by visiting www.socalroc.com or calling registration

Contact Your Assigned Career Guidance Specialist



RBSUD | TUSD
Ana Briseno
P: (310)-224-4239
E: ABriseno@scroc.k12.ca.us

ESUD | MBUSD | IUSD | PVPUSD
Rocio Pineda-Contreras
P: (310) 224 4240
E: RPCContreras@scroc.k12.ca.us

Contact Registration



Registration
P: (310)-224-4200
E: info@scroc.k12.ca.us



Enroll for Spring Semester Today!

Earn HS Credits while exploring career fields and building skills that will help you advance in your career!



Contact us for more information!



Join us for a free movie screening of "Screenagers: Under the Influence"

Beach Cities Health District (BCHD) and South Bay Families Connected are partnering with Hermosa Beach City School District and Manhattan Beach Unified School District to host community showings of the documentary, "Screenagers: Under the Influence," a film that delves into how the tech revolution has reshaped adolescence and its effects on substance use.

Students and families are invited to attend an informative and entertaining film experience that focuses on practical solutions for keeping teens safe in a changing world. The film debunks myths and depicts strategies parents and schools can use to encourage healthy decision-making, support teen mental health, set limits and create healthy home environments. The film also includes many ways young people are using their wisdom and strength to help each other and themselves through this complicated terrain around substance use.

Attendees will have the opportunity to take home a free Narcan (common brand name of naloxone) kit. Naloxone is a life-saving opioid reversal medication when administered immediately after a potential opioid overdose. BCHD's supply of naloxone is provided by the California Department of Health Care Services' Naloxone Distribution Project.



Available Showings:

Thursday, November 30, 2023 at Mira Costa High School
6:30 – 8 p.m., doors open at 6 p.m.

Wednesday, December 6, 2023 at Hermosa Valley Middle School
6 – 7:30 p.m., doors open at 5:30 p.m.

South Bay students and families are welcome to attend any showing.



Register online at www.bchd.org/partnership or scan the QR code

If you have any questions, please contact Nicole Lunde
at nicole.lunde@bchd.org



Screenagers: Under the Influence

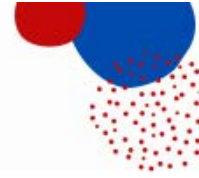
Students and families are invited to attend an informative and entertaining film experience that focuses on practical solutions for keeping teens safe in a changing world. The film debunks myths and depicts strategies parents and schools can use to encourage healthy decision-making, support teen mental health, set limits, and create healthy home environments. The film also includes many ways young people are using their wisdom and strength to help each other and themselves through this complicated terrain around

substance use. Space is limited, so please register today to secure your spot. Please see flyer for additional information.

Proposition 28 Survey

We invite you to participate in a brief Proposition 28 survey, which is linked below and on the district website on our [website](#). The proposition aims to provide approximately \$1 billion annually to California public schools to enhance arts and music programming for students from pre-K through 12th grade. For PVPUSD, the estimated allocation for the 2023-24 year is \$1.2 million, which is projected to arrive in March. Your valuable feedback will guide further discussions and aid in the decision-making process regarding district and school priorities. The survey closes on November 28th. Below is the link to the survey.

[LINK TO SURVEY HERE](#)



ASSISTEENS[®]

TRANSFORMING LIVES AND
STRENGTHENING COMMUNITIES

Invites you to our Get Acquainted Social

Saturday, January 27, 2024 11:30am - 1:30pm

**A volunteer organization for young ladies and men
who will be rising 7th-11th graders in 2024-2025**

BECOME PART OF A TRADITION

SERVING THE SOUTH BAY SINCE 1936

**ASSITEENS IS A CERTIFYING ORGANIZATION FOR THE
PRESIDENTIAL SERVICE AWARD. OUR MEMBERS WORK
TOGETHER TO FOSTER A SENSE OF PERSONAL AND
COMMUNITY RESPONSIBILITY WHILE DEVELOPING POISE,
SELF-RELIANCE, PUBLIC SPEAKING, AND LEADERSHIP
SKILLS THROUGH PHILANTHROPIC ENDEAVORS.**

RSVP by 1/22/24 to

AssisteensMemberships@gmail.com

**Assistance League Chapter House
1441 West 8th St., San Pedro**

Assisteens is not related to, endorsed by, or sponsored by the
Palos Verdes Peninsula Unified School District





**WITH YOUR SUPPORT AND GENEROSITY,
OUR STUDENTS RECEIVE AN EXCELLENT EDUCATION!**

California ranks among the lowest in the nation in public school funding. With the passage of Prop. 13 in 1978, the funding methods for education in California were turned upside down. Now, after all this time, our public schools remain underfunded.

Your donation to PEF funds critical programs, staff and teachers that strengthen the academic journey of all PV High students:

**COUNSELORS
STEM PROGRAMS
TEACHER GRANTS
COLLEGE AND CAREER CENTER STAFF
HIGH SCHOOL SCIENCE FAIR
AND MORE!**

**Our goal is 100% family participation.
Please donate at whatever level is possible for you.
Every donation makes a difference!**



attendance **MATTERS**

ATTENDANCE PROCEDURES:

Parents / guardians should notify the Attendance Office within 72 hours to clear a student's absence.

The office message machine can be reached 24 hours a day at 310-378-8471 OR you may contact our attendance clerk directly by phone or email:

Lisa Kastelan: 310-378-8471 x43202
kastelan@pvpusd.net

Palos Verdes High School | Website



Palos Verdes High School | [600 Cloyden Road, Palos Verdes Estates, CA 90274](#)

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